**Freeman Research Group – Individual Review Form**

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| **Name** |  |
| **Role** |  |
| **Supervisor** |  |
| **Review period** | Start: | End: |

1. **CV-building activities**

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| **Please list your CV-building activities achieved in the review period.** |
| **Activity** | **Specify** |
| **Scientific conferences of meetings attended** |  |
| **Proposals or grants submitted** |  |
| **Honors or awards received** |  |
| **Courses or trainings attended** |  |
| **Mentorship activities (e.g., MPH students)** |  |
| **First author and co-authored publications for journal articles** |  |
| **First author and co-authored publications for conferences (e.g., abstract)** |  |
| **Other (please clarify)** |  |

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| **Please list your 3-5 CV-building priorities for the coming year.** |
| **1.**  |  |
| **2.** |  |
| **3.** |  |
| **4.** |  |
| **5.** |  |

1. **Professional goals**

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| --- |
| **What are your career interests/goals? List 3-5 academic and/or non-academic careers.** |
| **1.**  |  |
| **2.** |  |
| **3.** |  |
| **4.** |  |
| **5.** |  |

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| **How have these interests/goals changed over the past year? What experiences have led to these changes?** |
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| **For these specific careers, what skillsets, training, and accomplishments do you have that would make you a good fit for these positions?** |
|  |
| **For these specific careers, what skillsets, training, and accomplishments do you need to develop for these positions?** |
|  |
| **What activities are you currently involved with or planning to undertake to pursue these career goals?** |
|  |
| **Are there any current barriers or challenges to your professional development?** |
|  |
| **If there are barriers or challenges, how do you plan to address them?** |
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| **What assistance do you need with your professional development goals?** |
|  |

1. **Individual SMART goals form**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **#** | **Specific** | **Metric** | **Attainable** | **Results** | **Timeline** | **Progress**  |
|  | What am I responsible for? | What standard will be used to measure my success? | Do I have the necessary resources? | What is the desired objective or end-result? | What are my deadlines? | Progress as of review period |
| **1.** |  |  |  |  |  |  |
| **2.** |  |  |  |  |  |  |
| **3.** |  |  |  |  |  |  |
| **4.** |  |  |  |  |  |  |
| **5.** |  |  |  |  |  |  |
| **6.** |  |  |  |  |  |  |
| **7.** |  |  |  |  |  |  |
| **8.** |  |  |  |  |  |  |
| **9.** |  |  |  |  |  |  |
| **10.** |  |  |  |  |  |  |